

TIDES BISTRO

MENU

GARLIC BREAD (V)		9.50
ADD CHEESE (V)		10.00
ADD CHEESE AND BACON		12.50
GARLIC AND CHEESE PIZZA (V) (GFA)		14.00
WEDGES (V) (GF) Served with sour cream and sweet chilli sauce		10.00
TEMPURA BATTERED PRAWNS With a honey, sesame seed and mild sweet chilli glaze, salad garnish		19.00
ROAST OF THE DAY (GF) with veg and gravy	LGE	19.00
	SML	15.00
SALT AND PEPPER CALAMARI served with chips, salad and aioli		19.00
WHITING FILLETS crumbed with chips & salad		24.00
CAESAR SALAD (V0) (GFO) Cos lettuce, bacon, garlic croutons, egg, parmesan lightly tossed through our Caesar dressing		18.50
Add Chicken to your salad 4.00	Add Prawns to your salad 6.00	
SALMON BASILICO (GF) Grilled Tasmanian salmon finished with our Hollandaise		30.00
SALSA BARRAMUNDI (GF) Pan fried Barramundi topped with our lemon and avo salsa		31.00
GRILLED CHICKEN BREAST (GF) Chicken breast with bacon and mushroom cream		25.00
CHICKEN SCHNITZEL Hand crumbed and served with your choice of sauce		21.00
CHICKEN PARMIGIANA Schnitzel topped with ham, Napoli and cheese		24.00
BLACK ANGUS RUMP STEAK Aged rump cooked to your liking and served with choice of sauce		29.00
ROAST VEG SALAD (V) (GF) Pumpkin, sweet potato, lettuce, tomato, red onion, capsicum, lemon dressing		19.00
REEF and BEEF Angus rump steak topped with prawns in a creamy garlic sauce		35.00
VEGETARIAN LASAGNE (V) (GF) our vegan friendly fresh veg lasagna		19.00

LUNCH MENU

(main menu also available at lunch)

B.L.T. BURGER grilled Bacon, tomato, lettuce, BBQ sauce and Chips	13.00
HAMBURGER beef Patty, caramelised onion, tomato, beetroot, lettuce, BBQ sauce, aioli and chip	14.00
STEAK BURGER grilled Steak, caramelised onion, tomato, beetroot lettuce, BBQ sauce, aioli and chips	17.00
BACON & EGG ROLL grilled bacon, fried egg, BBQ sauce & Chips	14.00
CHICKEN BURGER grilled chicken breast, Bacon, lettuce, parmesan and Aioli and chips	17.00
OPEN GRILL Turkish bread topped with chicken, avocado and cheese	7.50
ADD Chips for 4.00	
TOASTED SANDWICHES FROM 6.50	

Weekly dinner specials

Monday Reef and beef. 250gm rump steak topped with garlic prawns (3) and Calamari + drink voucher (wine, beer or soft drink) \$17.50

Tuesday 2 for \$22.00 pizzas. 2 Gourmet pizzas from our pizza menu

Wednesday Chicken Parmy \$15.00

FOOD ALLERGIES AND INTOLERANCES

PLEASE BE AWARE THAT WHILST ALL CARE IS TAKEN WHEN CATERING FOR SPECIAL REQUIREMENTS, IT MUST BE NOTED THAT WITHIN THE PREMISES WE HANDLE PEANUTS, TREE NUTS, SEAFOOD, SHELLFISH, SESAME SEEDS, WHEAT FLOUR, EGGS, FUNGI, DAIRY PRODUCTS AND GLUTEN. CUSTOMERS REQUESTS WILL BE CATERED FOR TO THE BEST OF OUR ABILITY, BUT THE DECISION TO CONSUME A MEAL IS THE RESPONSIBILITY OF THE DINER.